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Your essential daily news | thursday, April 27, 2017

Titanic tower gets approved

Vote hinged on whether plan is 'visionary' or vision-blocking



Jeremy Simes Metro Edmonton

The controversial 80-storey tower proposed for downtown Edmonton can go ahead, as city council approved the plans during a heated public hearing Wednesday.

After city staff made their case for the building, arguing it would be a "catalyst" for development in the Quarters, council voted 7-5 in favour of the proposal. Coun. Bev Esslinger was absent.

The tower, which would sit at the top of the river valley between Jasper Avenue and Grierson Hill Road, has pitted concerned residents against city administration.

Critics argued the tower wouldn't have enough afford-

able housing and would block views of the river valley. The plan envisions a hotel at street level with residential space above.

But some councillors were swayed by what advocates say the tower could do for the area.

"To me this is a city-building project," said Coun. Dave Loken. This is not about one neighbourhood. This is about a city, a city that continues to be bold and visionary."

Others expressed dismay.

"I don't have a problem with the height of the building, but I have a problem with its location," said Coun. Ben Henderson. "It will impede our views. Once we cross that road, we'll see a radical change when development happens."

Brad Kennedy, the architect behind the tower, said developer Alldritt could get shovels in the ground in about three years.

But the tower could be 40 storeys, he noted, as its final height depends on the number of floors the hotel would require and how many residential units Alldritt sells.



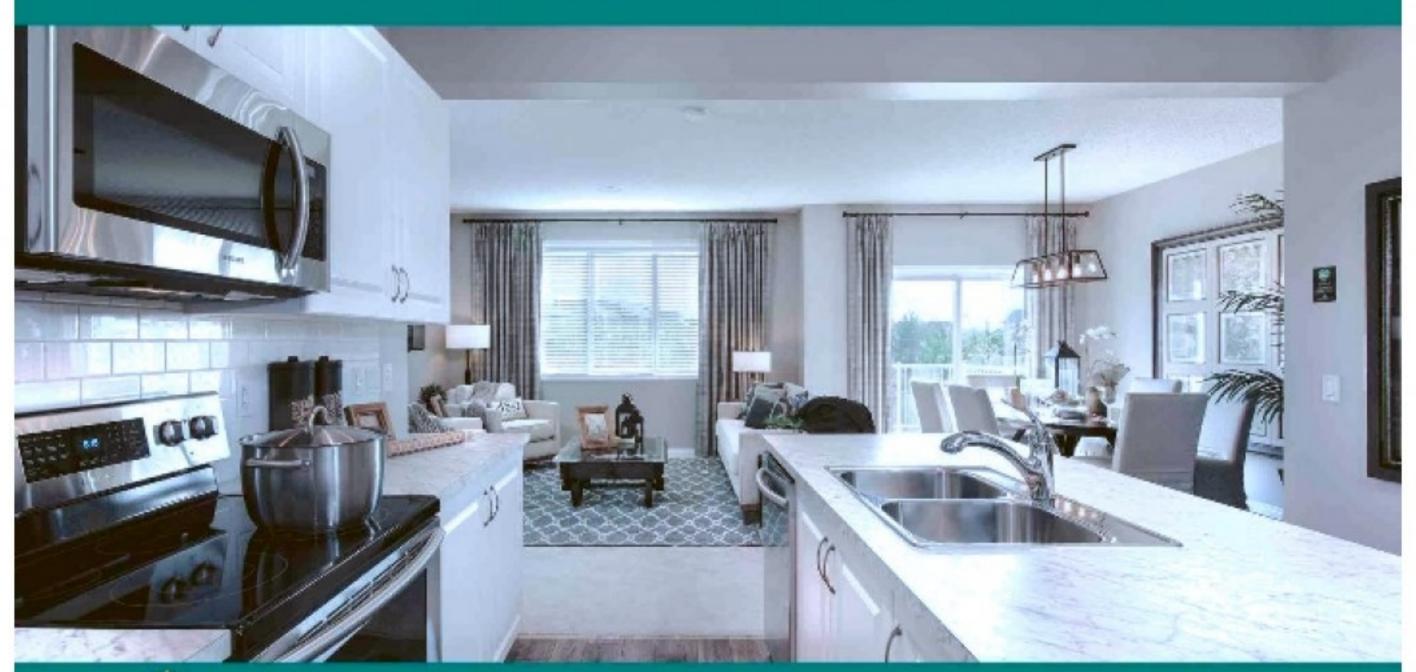


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MEWS

Your essential daily news

Thursday, April 27, 2017

Cut above: Volunteer's 27 years of free street trims

COMMUNITY

Agathe Joly co-founded service for homeless



Omar Mosleh Metro | Edmonton

As the driving force behind the Bissell Centre's free haircutting service, Agathe Joly remembers the people much of society forgets.

The volunteer-run service has been offered at the Bissell Centre for 27 years, and it wouldn't be continuing today if it wasn't for Joly, who co-founded it and has kept it running ever since.

The program is used by homeless or low-income people who are preparing for a job interview, housing appointment or just need a trim.

Joly was recently recognized for her longstanding service to the community with a Sage Award, which recognizes the contributions and accomplishments of people over 60.

Trimming the beard of one of her regulars, Joly apologized to Larry Carson for causing a small cut on his neck.

"Your skin is very sensitive," she said.

Carson didn't seem to mind. Joly has been a familiar face



Agathe Joly, the co-founder and driving force behind the Bissell Centre's free hair cutting service, gives Larry Carson a trim. KEVIN TUONG/FOR METRO

since he started attending the program when it started.

"I get a kick out of her remembering me, because there's so many people I've met," he quipped. "She's got a good memory bank on her."

Carson, who subsists off lowincome assistance and is waiting on disability payments, said he keeps coming back because it's nice being remembered.

It also helps that it's free.

"It's just a treat to not have to pay for it, because at the time, you're not making any money as it is ... And it helps with looking decent. You feel better," he said.

Joly first started cutting hair as a service to the community nearly 30 years ago at the George Spady Centre, a local detox facility.

The service was started by the Sisters of Charity of the Immaculate Conception, and when they could no longer continue it, Joly took over. She said it's important to her to keep the free haircutting service going because of how popular it is.

"It's the need of the community. When I retired, I thought, what can I do to fulfill my life? And that's what I turned to," she said.

She said she loves seeing the

look on people's faces after they get a cut.

"They come here with long, straggly hair and we transform them," Joly said. "They leave with much more self confidence, their image has improved and they feel good about themselves."

It's helped inner city residents such as David Jones over the year, who has used the Bissell Centre to find work in the past.

"I was pretty well on the street, so I didn't have money for a haircut," he said. "It definitely helped me for work."

Joly recognizes that the service can have a transformative effect on people's lives, but she also appreciates the opportunity to simply connect with people on a human level.

"We're not here to save them
... we're here to just love them
while they're getting their hair
cut," she said. "We can still talk
to them and build friendships
with them ... sometimes we're
amazed at the stories we get."

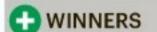
There are the stories of joy, such as when someone successfully transitions off of the streets and into their own home, and the stories she never forgets, like when someone tells her they lost everything.

Through it all, Joly is grateful for her team.

"It's all about these people. I surround myself with a team of generous people who have supported me all these years. Your____ journey starts here. ytced.ca

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In addition to Agathe Joly, this year's Sage Award winners include Phyllis Arnold, who wrote a book about the fur trade in the Edmonton area called 'The Fur Trade in the West' in collaboration with the Edmonton District Historical Society. The historical book is geared towards Grade 4 and 5 curriculums. A central focus of the book is the partnership between Indigenous people and the European fur traders.

Also a winner is Capt.
William Dickson, a
fundraiser and organizer
of ventures that have
highlighted current and
past military communities,
including the Griesbach
area of Edmonton.

The Sage Awards
Luncheon and awards
ceremony will be held at
the Chateau Lacombe
Hotel on May 10.

I'm not just receiving this for myself," she said.

Jones is thankful Joly has sustained the service, as he doesn't think he can afford a haircut at today's prices.

"Where would I go? I have no idea," he said.



Coun. Gibbons to retire

CITY HALL

Ward 4 representative served north end for 16 years



Jeremy Simes Metro Edmonton

After 16 years tackling city issues from potholes to public transit, Coun. Ed Gibbons says he won't be seeking re-election in October.

"I believe I have brought a voice that represents the people of northeast Edmonton to city council," he said in a letter. "My background in business, industry and farming has informed the way I lead and serve as a councillor and as a regional representative."

Gibbons represented Ward 3 from 2001 to 2010 and Ward 4, which represents northeast communities between Yellowhead Trail and the Anthony Henday Drive, from 2010 to 2017. He served as a councillor for a total

of five terms spanning 16 years.

Gibbons listed some achievements over those years, including the revitalization of 118 Avenue, developing Borden Park and "championing" major industrial parks including Kennedale, Aurum, and Edmonton Energy and Technology, and the LRT extension from the University of Alberta to Century Park, among others.



I am extremely proud of how far (the city) has come.

Ed Gibbons

"I have been a long-time believer in supporting responsible and sustainable industrial development to further our community's programs and initiatives," he said.

"I look forward to the future of the city and I am extremely proud of how far it has come during my time at city council."

He said he hopes to serve Edmonton through other "capabilities."



Ward 4 councillor Ed Gibbons will not seek re-election in October. KEVIN TUONG/FOR METRO

MISSING HUNTER

Men not found by RCMP

RCMP and Parks Canada are now treating the search for four missing hunters in northeastern Alberta as a recovery operation after failing to find the men, who left their community Sunday night.

RCMP said searchers were using boats equipped with sonar Wednesday to search beneath the surface of the Rocher River north of Fort Chipewyan.

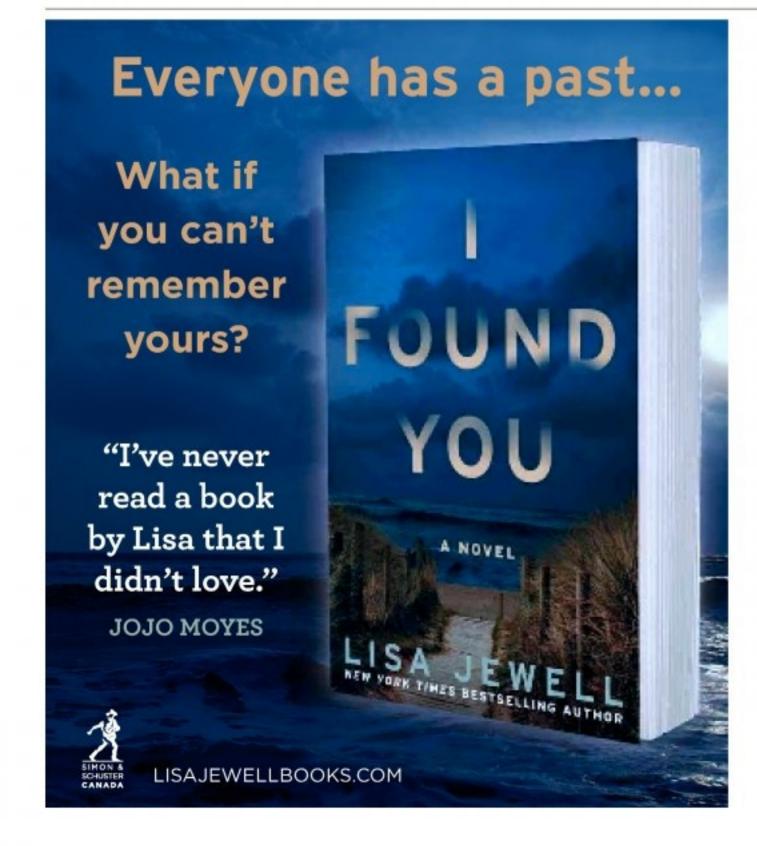
"These men have not been located on land. We don't want to speculate on what occurred but we have now moved our search and recovery efforts to below the water and the surrounding banks," RCMP Cpl. Ronald Bumbry said.

More than 70 people have been searching the remote, heavily wooded area including a crew from Fort McMurray, a dog team and three helicopters.

Bumbry said the families of the missing men have been notified.

Temperatures in the area have been above freezing since Sunday.

THE CANADIAN PRESS





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WEDDING

Couple reflects on the gift of celebration



Lucie Edwardson Metro | Calgary

Nearly a year after complete strangers put together a beautiful backyard wedding for Fort McMurray evacuees, Carlos and Carol Moran, the couple still can't believe the generosity of others in their time of need.

The couple was set to marry May 14, 2016 in Fort McMurray, but when the wildfire engulfed their Beacon Hill neighbourhood, severely damaging their home and wedding materials, the pair didn't think the wedding they'd planned would take place.

The Morans fled Fort Mac and headed to Edmonton -where, unbeknownst to them, locals who had heard the couple's story were planning an impromptu backyard celebration - complete with



Carol and Carlos Moran were supposed to get married the week of the fire but had to evacuate, so a wedding planner threw them an impromptu wedding in a backyard. JENNIFER FRIESEN/FOR METRO

rings, a dress, flowers, a photographer and a cake - all planned out and organized by local wedding planner Wanda

"Married life has been a blessing," said Carlos.

Carol said they wanted to plan another wedding upon their return home, but said

they knew they could never surpass the experience they'd been gifted in Edmonton.

"We ended up having an awesome and unique wedding

For the longest time we were going up three, four flights of stairs, four times a day just to take our dogs out. Carlos Moran

anyway," she said.

"There is just no way to top it," agreed Carlos.

As their anniversary approaches, Carlos said they plan on reaching out or doing something special for all those who made their surprise wedding such a success.

Despite the amazing memories and friendships forged through the experience, things haven't been entirely smooth sailing for the Morans, whose home was significantly damaged and are still struggling with insurance issues.

"It was damaged to the point that we believe it's unrecoverable," said Carlos. "We're trying to get to the point with insurance where we can get it repaired or replaced or something to that effect."

A year after the fire, the couple is still living in a small apartment in Fort McMurray. Luckily, a few weeks ago they

were able to lease a four-bedroom home for their extended family and their three dogs now have access to a backyard.

"For the longest time we were going up three, four flights of stairs, four times a day just to take our dogs out," said Carlos.

He said those who have had success rebuilding their lives and homes seem to have forgotten about the rest.

"It's kind of as if everyone who is doing well has sort of forgotten that there's still a huge part of the community that isn't doing well."

But, the Morans said even in the hardest of times, they find refuge in their faith.

"After the fire we came back here and we're still blessed because God is providing for our needs and family has helped us a bit when we came back," said Carol.

"I can't complain."





The City of Edmonton is hosting a pre-construction meeting for the 102 Avenue Bike Route.

The construction area for 2017 includes 102 Avenue from 111 Street to Clifton Place.

Wednesday, May 3 5-8 PM

Robertson Wesley United Church 10330 84 Avenue

The 102 Avenue Bike Route runs from 111 Street to 136 Street and will connect the communities of Downtown, Oliver, Westmount and Glenora. Construction of the shared-use path from 136 Street to Connaught Drive was completed in 2016. Construction of the remainder of the route is expected to be complete in 2017, provided that utility work is complete in a timely fashion. This is an opportunity for residents to become more familiar with the project and construction details. City staff will be on hand to answer questions.

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Edmonton



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Amid chaos, two forts forged bond

First Nation still feeling impact of fire



Alex Boyd Metro Edmonton

Fort McKay First Nation is the sort of sleepy community where birds chirping and dogs barking are what pass for noise pollution but as Loretta Boucher sat at her desk on a hot May afternoon last year, the town suddenly went "eerily" quiet, she said.

Not long after, the first truck rolled in.

On the day that turned towns all over the province into hosts, Fort McKay, north of Fort Mc-Murray, opened its doors wider than most — over one frantic afternoon, the town's population swelled to several times its original size.

The night of the Fort Mc-Murray fire, as many as 5,000 evacuees fleeing fire found refuge in the small community down the road, population just 1,000.

Boucher, vice-president of Sakasteew Transportation, jumped into action, and soon all the buses from her familyowned business were on the road, shuttling people through town, to nearby camps, and out to the airport.

"It was extremely busy, there were people everywhere," she said. "It was tough. Lots of young families feeling lost, with noth-

Boucher said it strengthened the ties between the two neighbouring communities. The town opened the arena, the school and the town office, and there was barely a house not sheltering an evacuee. Many of the town's new temporary residents told Boucher they didn't realize it existed, or if they did know it, they had never visited.

"I'm proud to be from Fort McKay," she said. "Not only did it show people who we are, but we really came together."

Maxine Willocks, owner of Fort McMurray café Chez Max, ended up in Fort McKay along with her husband and several

staff after being unable to go south to Edmonton.

Since that day a year ago, Willocks has made several trips back to Fort McKay, including for several catering jobs.

But a year later, the tiny town still feels the impact of fire.

Workers who lived in Fort Mc-Murray never came back, Boucher said, because their houses burned, or they're still dealing with stress. The town's small businesses are also feeling the brunt of a down economy that has affected the region.

"I'm not saying that we're suffering," she said. "We're steady, but it's not a good steady like it was before the fire.

Still, she said she'll never forget how the community stepped

"We carry that honour of making it through the beast, but everyone has been affected and we're at a loss for something right now," she said."I want it to be almost like a legend, something we can look back and tell our grandchildren about - yes, I was there. I want it to be something that inspires people."





Mayor doesn't foresee a big population shift

Wood Buffalo Mayor Melissa Blake says she's not expecting last May's wildfire to have much of an impact on the Fort McMurray area's long-term population.

Before the fire, the municipality was expecting growth of between one and three per cent over the next five years and Blake said Wednesday she's not expecting that to shift much.

The downturn in oil prices and resulting layoffs had already caused the population to shrink in the oilsands region after years of breakneck growth during boom times.

"The economy has changed. Investment has diminished," said Blake. "It's a very different, more stable environment that we're operating in."

In the near term, while some residents may have not come back since the fire, others are being attracted by a surge in construction activity as homes are rebuilt.

"I think over a longer horizon we're going to come out just net-even if you will," said



Wood Buffalo Mayor Melissa Blake TORSTAR NEWS SERVICE

The city estimates a current population of about 73,500 not far off from 2016's pre-fire federal census numbers, the mayor said.

In 2015, the Regional Municipality of Wood Buffalo said it had a permanent population of almost 82,000 and a transient worker population of more than 43,000.

On May 3, it will have been a year since a ferocious wildfire spread into Fort McMurray and forced everyone out of the northern Alberta city. Nearly 2,600 dwellings were destroyed.

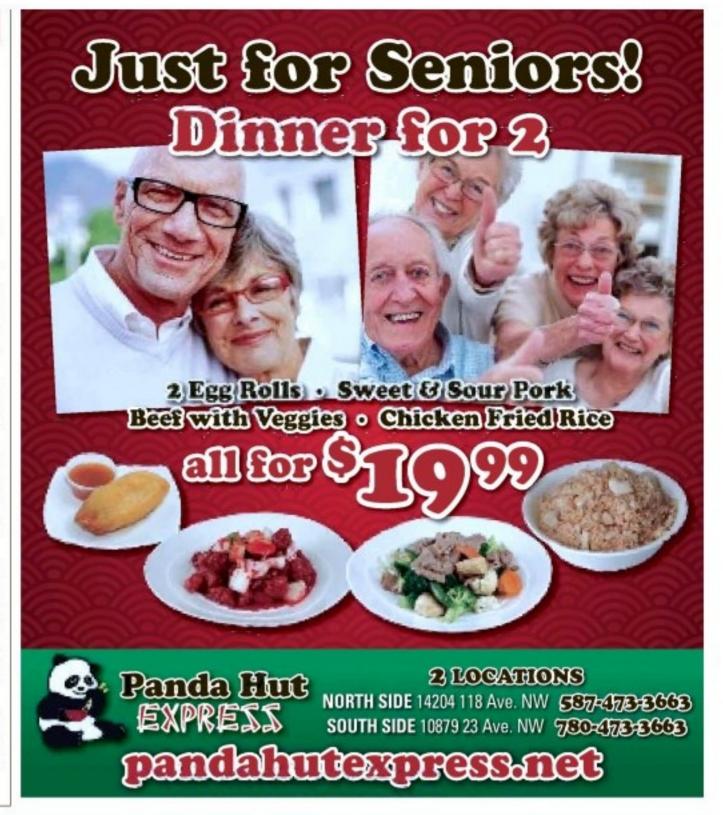
Most of the damaged areas are busy with construction and 33 families were back in their homes as of early April.

"I think that we're making some really good progress, but for every day that we have people that are not where they want to be, it feels like it's not fast enough," said Blake.

Jody Butz, the municipality's new fire chief, said there has been little turnover in the department since the fire and they have had no trouble recruiting eight new members.

The new recruits are training now and start their jobs on Monday.

"I think that the wildfire last year maybe put our department in, I guess, a bit of a spotlight and I'm encouraged with those results."THE CANADIAN PRESS



HOURS: MONDAY - FRIDAY 9-9 - SATURDAY 9-6, SUNDAY 11-5



Students launch own nature guide

EDUCATION

Proceeds from sales will go towards local wildlife, berries



Omar Mosleh Metro Edmonton

When Meghan Clifford, a Grade 4 teacher at Roberta MacAdams School, told her students to put their research caps on, the class expected a run-of-the-mill assignment.

"But then Ms. Clifford told us we're going to be making a book and we were like 'Yay!'" said 10-year-old Manuthi Fernando.

Fernando and her classmates have launched the school's Nature Guide, an 80page book on animals.

The idea for the guide came during a nature walk, when students noticed an interpretive sign installed by the Blackmud Creek Community League and suggested they write about their local ecosystem.

Not satisfied with a blurry photo of the sign, Grade 4 teacher Meghan Clifford contacted 311 for an electronic version, who did her one better and suggested she apply for a Neighbourhood Engagement

Grant from the City of Edmonton. She got one - to the - and the book was born.

In addition to writing and researching, the students learned skills

ranging from marketing, persuasive writing, graphic design and how to create spreadsheets and slides.

Grade 4 student Manuthi Fernando, who wants to write historical fiction when she grows up, chose to research and write about the covote.

"It was interesting and sort of hard. It was cool because I actually want to be an author when I grow up," she said of the experience.

Classmate Lucinda Huska said she learned a lot about animals that she never knew existed, such as the yellowbellied sapsucker, a type of

woodpecker. "I just found it so interesting researchtune of \$2,500 It was cool because ing about all these different animals. I thought it was really cool to be doing a nature guide and actually having

it published."

I actually want to

be an author when

I grow up.

Student Manuthi Fernando

The Nature Guide is now on sale at the school, and proceeds will go towards projects that will see students planting berry bushes and trees and building bird houses and bat houses in the area.



Manuthi Fernando, age 10, shows off a nature guide book that the students from Roberta MacAdams School wrote together. KEVIN TUONG/METRO

continue for all our community's kids.

Oil and gas emissions worse than expected

Two new reports from environmental groups say methane emissions in Canada's oil and gas sector are higher than previously thought as debate continues on how urgently they need to be reduced.

The David Suzuki Foundation partnered with St. Francis Xavier University on a study that found the volume of methane emissions from oil and gas sites in British Columbia to be at least 2.5 times higher than previously reported.

"Our finding is quite staggering," said Ian Bruce, director of the Suzuki Foundation's science and policy department. "B.C.'s methane pollution problem, and certainly Canada's, is much bigger than previously estimated by government and industry."

The peer-reviewed findings, drawn from measures at over 1,600 well pads in the Montney shale gas formation in northeastern B.C., estimate that operations in the region leak and intentionally release more than 111,800 tonnes of methane annually. THE CANADIAN PRESS





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Canada flees its tax havens

FINANCE

Experts say Panama Papers scrutiny 'may be paying off'

For the first time since 2011, Canadian businesses pulled their money out of tax havens, ending a five-year run when more than \$120 billion was stashed in the 10 most popular low-tax or no-tax countries.

The newly released Statistics Canada numbers provide the most concrete evidence yet that the Panama Papers may have had a chilling effect on the use of tax havens to minimize corporate taxes.

"This could be a sign that global efforts to curb corporate profit shifting to tax havens may be paying off," said Dennis Howlett, executive director of Canadians for Tax Fairness, a group that lobbies for the closure of loopholes that encourage the use of offshore tax havens.

According to the government's official foreign direct investment statistics, Canadian businesses reduced their holdings in the top 10 tax havens from \$272.4 billion in 2015 to \$261 billion at the end of last year, bringing home \$11.4 billion.

This reversal could be due to a number of different factors, including reforms in Ireland that make it harder to exploit that country to avoid taxes, Howlett said. But investment reductions in Luxembourg and Bermuda point to a wider trend.

"We know that public attention to this has affected calculation of risk, so companies are being more cautious now because of the potential for a public relations backlash," Howlett said.

Allan Lanthier, a retired senior partner at Ernst & Young and former chair of the Canadian Tax Foundation, cautions against reading too much into the numbers, as the majority of the reduction in foreign holdings in 2016 can be attributed to the fact that the Canadian dollar rose against the U.S. dollar, the currency in which most international investments are made.



Plans to replace wood with plastic in the town clock have caused a stir. METRO FILE

HALIFAX

Many ticked off amid race against clock fix



A tender call for work on Halifax's iconic Citadel Hill town clock has upset the Heritage Trust of Nova Scotia.

At issue is the plan to replace the clock's wood columns and cornices with fibre reinforced plastic and its wooden windows with aluminum clad windows. "Basically these are materials that would not have been in the original structure and which will appear very cheap and fake," said Andrew Murphy of the Heritage Trust of Nova Scotia.

"It's about respect for our heritage. The town clock would be in the top 20 or 30 iconic buildings in Canada and it's owned by the federal government. You would think that they would want to maintain it in an authentic fashion." The heritage group sent a letter to Parks Canada officials on Monday. They're requesting specifications for that portion of the project be reviewed and redefined before the contracts are awarded

The tender closes on May 4.

"The federal government is spending very, very many millions on the Parliament buildings at Parliament Hill. Nobody is suggesting there that they replace it with concrete and mactac," Murphy said.

"One can always do something cheaper, but whether it's appropriate or not is an entirely different matter...It's an iconic tourism beacon for our region so we should probably make sure it looks good."

A Parks Canada representative returned Metro's call on Wednesday afternoon, but was unable to provide a response to the Heritage Trust's concerns by press time.



A rescuer brings down a woman that was stuck on the hook of a construction crane in Toronto on Wednesday. TORSTAR NEWS SERVICE

TORONTO

High drama in downtown crane rescue

A woman who spent hours suspended high above a construction site after scaling a crane in downtown Toronto was rescued by being strapped to a rappelling firefighter and lowered to the ground as dozens watched in suspense from below.

Cheers erupted from onlookers as the pair's feet hit the ground at about 8:30 a.m. Wednesday, bringing the dramatic, hours-long rescue operation to a safe conclusion.

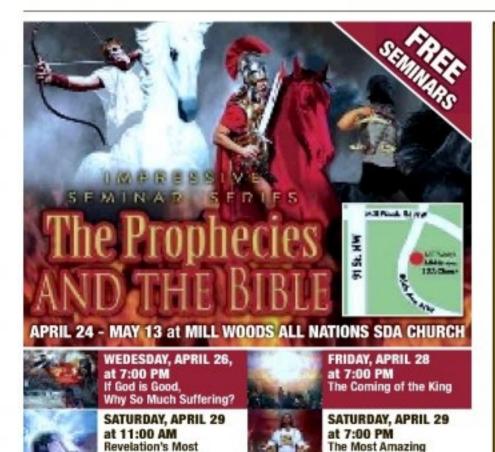
The woman, who police identified as 23-year-old Marisa Lazo, was then hand-cuffed and handed over to paramedics. Lazo faces six counts of mischief by interfering with property and will appear in court Thursday.

The woman's perilous bers Lazo as a climber.

climb nonetheless remained a mystery even to those tasked with retrieving her, with firefighters saying there was no indication why she scaled the crane in the middle of the night.

A woman who says she grew up with Lazo but hasn't been in contact with her in recent years said she remembers Lazo as a climber. "She just likes to climb things," said the woman, who did not want to be identified. "Me and her used to climb everything when we were children ... I used to be scared of it (but) she wasn't."

She said that, to her knowledge, Lazo has never been in trouble with the law before. THE CANADIAN PRESS WITH FILES FROM TORSTAR NEWS SERVICE



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Bible Prophecy

Amazing Message

I, Kannan Veeramony Iyer son of Veeramony Iyer Raghava Iyer, holder of Indian Passport No: L9118058, issued at Trivandrum, Kerala, India on 30/04/2014, permanent resident of Kurishinkal House, Ramapuram Bazar P O, Mullamattom, Kottayam, PIN: 686576, Kerala, India and presently residing at 101 C – 17103, 64 Avenue NW, Edmonton, Alberta T5T 2K3, Canada do hereby change my name from Kannan Veeramony Iyer to Shon Kurishinkal, with immediate effect.



metr@NEWS | World Thursday, April 27, 2017 | 13

AIRLINES

Giant rabbit's death adds to United woes

United Airlines is reviewing its handling of a giant show-case rabbit that died after being shipped across the Atlantic from Britain on one of its flights, the latest in a growing list of customer complaints.

Distraught breeder Annette Edwards said a veterinarian had checked Simon — a 10-month-old, three-foot-long continental rabbit — shortly before the animal was placed on a United flight from London's Heathrow Airport to Chicago's O'Hare.

Edwards said Simon is the offspring of Darius, which the Guinness World Records lists as the world's longest rabbit at 4 feet 3 inches (1.22 metres).

"Simon had his vet check just before getting on the plane," she said from Worcestershire in central England. "He was fit as a fiddle."

United spokesman Charles Hobart said the rabbit was moving around in its crate and appeared healthy when taken off the plane in O'Hare, waiting to be put on another flight to Kansas City. About a half-hour later, at the company-run pet facility, Simon seemed to be sleeping. Shortly after that, a pet facility employee opened 109,149

Animals United transported last year, second only to Alaska Airlines with 112,281. United reported nine deaths and 14 injuries, the highest among U.S. carriers.

the cage and found the rabbit dead.

"We won't know the cause of death, because we offered to perform a necropsy free of charge — that's standard procedure — but the customer didn't want us to perform a necropsy," he said.

Hobart said the airline offered compensation to the breeder but would not disclose the amount.

Bryan Bergdale, a farmland investment manager, said he bought the rabbit for his boss, who had hoped to show it at the Iowa State Fair.

United had the second-highest level of animal deaths and injuries of any U.S. airline last year. Only Hawaiian Airlines was worse.

THE ASSOCIATED PRESS



Simon, a three-foot-long continental rabbit, died on a United Airlines flight. CONTRIBUTED

Global digest

Spacecraft flies between Saturn and planet's rings

NASA's Cassini spacecraft ventured Wednesday into the never-before-explored region between Saturn and its rings.

But flight controllers won't know how everything went until Thursday when they are back in touch with the craft. Cassini was out of radio contact with Earth as it became the first spacecraft to enter the gap. That's because its dish antenna was manoeuvred face forward to protect instruments from potentially damaging particles in the rings.

THE ASSOCIATED PRESS



Protesters rally in San Francisco against President Donald Trump's administrative order to withhold funding from "sanctuary cities."

Judge blocks Trump plan to pull funding

IMMIGRATION

President's words used to kill sanctuary cities order

For the third time in two months, a U.S. federal judge has knocked down an immigration order by President Donald Trump and used Trump's own language against him.

In a ruling on Tuesday, U.S. District Judge William Orrick quoted Trump to support his decision to block the president's order to withhold funding from "sanctuary cities" that do not co-operate with U.S. immigration officials.

Trump called the sanctuary cities order a "weapon" against communities that disagree with his preferred immigration policy, Orrick said. The judge also cited a February interview in which he said the president threatened to cut off funding to California, saying the state "in many ways is out of control."

The first comment was evidence that the administration intended the executive order to apply broadly to all sorts of federal funding, and not a relatively small pot of grant money as the Department of Justice had argued, the judge said.

The second statement showed the two California governments that sued to block the order — San Francisco and Santa Clara County — had good reason to believe they would be targeted, Orrick said.

Trump reacted to the decision on Twitter on Wednesday morning, calling the decision "ridiculous" and saying he would take his fight to the highest court, tweeting: "See you in the Supreme Court."

The government hasn't cut



This is why we have courts — to halt the overreach of a president and an attorney general.

Dennis Herrera

off any money yet or declared any communities sanctuary cities. But the Justice Department sent letters last week advising communities to prove they are in compliance. California was informed it could lose \$18.2 million.

Orrick said Trump cannot set new conditions on spending approved by Congress.

San Francisco City Attorney Dennis Herrera praised the ruling and said the president was "forced to back down."

"This is why we have courts
— to halt the overreach of a
president and an attorney general who either don't understand the Constitution or chose
to ignore it," Herrera said in a
statement.

THE ASSOCIATED PRESS

White House weighs pulling out of NAFTA

The White House is telling U.S. media that it's mulling a notice of withdrawal from NAFTA, applying shock treatment on other negotiations under the threat of having the seminal trade deal obliterated.

Various media say Trump is considering detonating the trade equivalent of a nuclear option: An executive order to withdraw from the trade agreement, which would instill fear in members of Congress, industry and Canadian and Mexican trade negotiators.

The administration has complained lately that American lawmakers are dragging their feet on naming a trade czar and excessively slow in approving the 90-day legal notice to kick off negotiations. It may now stir them to act.

The White House has let it be known, through the Washington Post, Politico, and CNN, that President Donald Trump is considering an executive order threatening withdrawal, and the New York Times reported late Wednesday that he's actually leaning toward issuing that order. Such a move might appear more dramatic than it actually is. One trade expert views it as a negotiating tactic - a threat to Congress. "I think he is bluffing," said Canada-U.S. trade lawyer Mark Warner.

THE CANADIAN PRESS



Logs are unloaded at Murray Brothers Lumber Company woodlot in Madawaska, Ont., on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Layoffs expected

TARIFFS

Small lumber producers brace for U.S. retribution

Some softwood lumber companies could begin issuing layoff notices as early as next week as they begin to feel the impact of punishing new tariffs U.S. President Donald Trump's government has imposed on Canadian softwood. a B.C. MP warns.

Conservative MP Todd Doherty says several small and mediumsized businesses are already considering the steps they might be forced to take as early as next

Several, Doherty warned,

aren't sure how they will make the immediate cash deposits that will come due next week put small-medium to pay for the new tariffs.

"It's a dark day and it's going to have some

very serious impacts and right away," he said in an interview. "One of the companies we have spoken to says as early as Monday they will be looking at what they need to do."

The U.S. Department of Commerce said this week it would subject Canadian lumber imports to tariffs ranging from three to 24 per cent. Canada's wood comes mostly from Crown land, with artificially low prices giving Canadian companies an unfair advantage, the U.S. administration alleges.

Canada and the industry say the U.S. is completely wrong and that the U.S. Lumber Coalition is not using the same types of logs for comparison when arguing Canadian prices are lower.

The vast majority of Canada's softwood operators - small and medium-sized businesses - will also be forced to pay the duties retroactively on any shipments made to the U.S. since Feb. 1.

Canada's largest companies are exempt from that retroactive payment for reasons nobody in the industry can yet explain.

"I don't understand it," said Doherty. "They know also this will put small-medium producers out of business."

Bill Kordyban's family has

been in the softwood industry since 1951. His company, Carrier Lumber, has to spend millions of dollars next week on the retroactive tariff. They expected the tar-

Todd Doherty

They know this wil

producers out of

business.

iffs, Kordyban said, but not the decision to exempt big companies from the retroactive charges.

"It puts us at a huge competitive disadvantage," Kordyban said from his office in Prince George, B.C..

The fact that Trump is targeting the small and medium-sized companies and basically letting the large multinationals go is a real ... kick in the teeth."

THE CANADIAN PRESS

CMHC maintains 'strong' risk rating

Evidence of overvaluation is moderating, however Canada's federal housing agency maintained its "strong" overall risk rating for the country's housing market in its quarterly assessment.

Canada Mortgage and Housing Corp. said Wednesday that evidence of overvaluation which occurs when house prices are not fully supported by economic fundamentals such as incomes - at the national level has been downgraded to moderate, from strong.

The agency said overvaluation is now present in only six markets, rather than eight, based on its quarterly housing market assessment, which tracks 15 local markets plus the national housing market.

Meanwhile, evidence of price acceleration, which may indicate speculative activity, remains moderate, according to the report. There is weak evidence of overbuilding or overheating on the national level.

"We have seen evidence that some of the previously identified housing market imbalances have unwound," CMHC's chief economist Bob Dugan said during a conference call.

"For example, in Regina, evidence of overvaluation has shift-

CMHC said overvaluation is now present in only six markets, rather than eight, based on its quarterly housing market assessment, which tracks 15 local markets.

ed from moderate to weak, and the overall evidence of problematic conditions has been lowered from strong to moderate. This follows similar trends in Calgary and Edmonton that we reported

in our previous release."

The agency first raised its overall risk rating for the national housing market to strong from moderate last October, citing growing evidence of overvaluation.

The housing market assessment is intended to be an early warning system to alert Canadians about problematic conditions developing in the country's real estate markets.

It gauges the overall level of risk by evaluating evidence of four problematic conditions: overheating, price acceleration, overvaluation and overbuilding. THE CANADIAN PRESS

ESPN lays off 100 staff

ESPN is laying off about 100 employees, including former athletes-turned-broadcasters Trent Dilfer, Len Elmore and Danny Kanell, in a purge designed to focus the sports network on a more digital future.

The cuts will trim ESPN's stable of on-air talent and writers by about 10 per cent.

The 37-year-old network has been squeezed by rising fees to broadcast live events at the same time hordes of cord-cutting TV viewers have been cancelling their ESPN subscriptions. ESPN has lost about 10 million subscribers during the past six years, based on estimates by Nielsen Media Research.

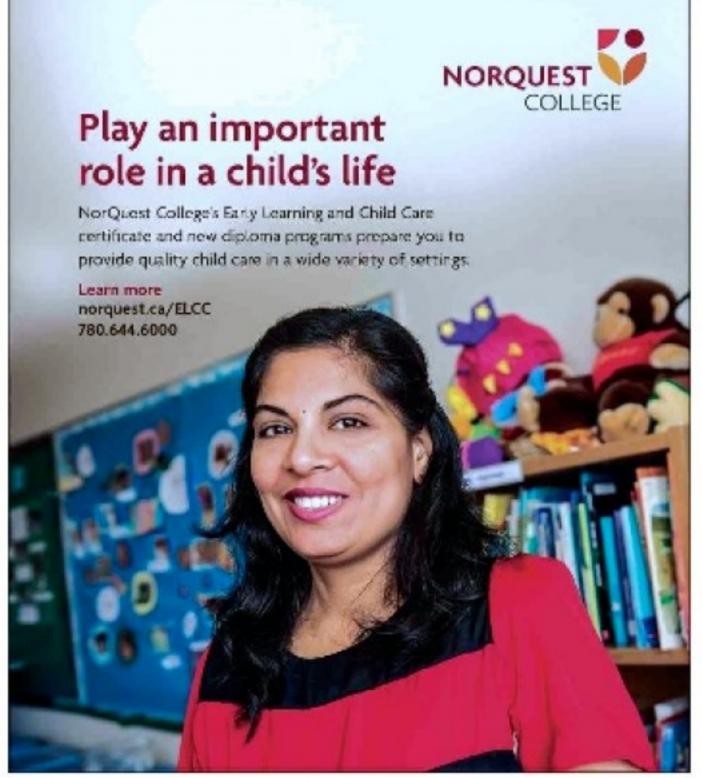
The downturn prompted an even bigger round of layoffs affecting about 300 workers in 2015, but on-air talent was mostly spared from those cuts.

ESPN chief John Skipper said Wednesday the company wants to provide distinctive content all the time on multiple screens, with more personality-oriented SportsCenter broadcasts, and is keeping people best suited to the new strategy.

ESPN isn't saying who has been fired. Many are releasing the news on social media, including Dilfer, NFL reporter Ed Werder, baseball reporter Jayson Stark and college basketball reporter Dana O'Neil.

Former morning host Jay Crawford, football columnist Jane McManus, ESPNU host Brendan Fitzgerald, hockey reporter Pierre LeBrun, soccer reporter Mike Goodman and baseball reporter Mark Saxon were among the others to announce their departures

ESPN's recent troubles have become a drag on the profits of its parent, The Walt Disney Co. THE ASSOCIATED PRESS



ENTERTAINMENT

Broadway producer admits bilking friends with fake play

A Broadway producer admitted on Wednesday that he scammed his friends and others into investing more than \$165,000 in a nonexistent play about opera star Kathleen Battle supposedly starring Oscar winner Lupita Nyong'o.

Roland Scahill pleaded guilty in state Supreme Court to grand larceny and fraud charges. As part of the plea deal, the 42-yearold Scahill is to be sentenced to six months in jail and five years of probation. He also must repay the investors and receive psychiatric treatment.

Scahill said in court he pretended he had secured the rights to Battle's life story and had

signed a contract with Nyong'o to star in the play. He also falsely claimed Netflix had agreed to film a performance. Scahill owns a production

company called RMS2 Productions. Prosecutors said the investors in the phoney play included some of his closest friends.

THE ASSOCIATED PRESS

CHANTAL HÉBERT ON O'LEARY LEAVING THE RACE



Even if he had been fluently bilingual, Kevin O'Leary would still have been a leadership disaster waiting to happen.

Businessman Kevin O'Leary says he is pulling out of the campaign to succeed Stephen Harper because he is not convinced he could carry enough votes in Quebec to beat Justin Trudeau in the 2019 election.

Fair enough. But chances are he would never have had the opportunity to test that proposition in a general election. Or to verify his attending presumption that voters elsewhere in Canada would rally to his flag. Lack of traction in Quebec stood to stop his nascent political career in its tracks as early as next month's Conservative vote.

Polls done for his own organization as the membership drive was coming to an end last month showed that a Quebec wall stood between O'Leary and the finish line. That wall looked insurmountable.

The reality-television star may have been the first choice of a plurality of Conservatives but he had little room to grow beyond that group. In Quebec — the province that counts for the second-highest number of leadership votes — he could not earn the support of more than about one in 10 members.

That this should have come as a surprise to some of the seasoned backroom advisers who backed O'Leary's candidacy is testimony to their powers of collective delusion. There has not been a successful federal leader who could not speak French fluently since Pierre Trudeau won the

O'Leary's abrupt exit may have saddened more Liberals than actual Conservatives. Liberal leadership in 1968.

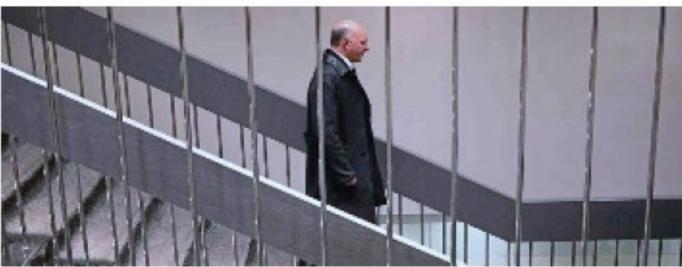
But even if he had been fluently bilingual, O'Leary would still have been a leadership disaster waiting to happen. Up to a point, his shortcomings in French may have been the least of his liabilities — and a saving grave for the Conservative party.

For never has a leading candidate for the leadership of one of Canada's major parties brought so little policy depth to the task of applying through fiscal blackmail. He seemed to think the division of powers between Ottawa and the provinces was determined by the whims of the prime minister of the day.

Had Quebecers given
O'Leary the time of day long
enough to fathom his vision
of the federation, his support would have fallen to
single digits. I can't think of
a Conservative premier from
Alberta — past or future —
who would put up with that

cases though, that relief is tempered by the notion that, in leaving, O'Leary may have cleared a path to victory for Maxime Bernier. His libertarian prescriptions may be as polarizing as O'Leary's persona.

The defunct O'Leary campaign recruited about 35,000 members. He is asking them to throw their support to Bernier. If they did, the result of the May 27 leadership vote would be a foregone conclu-



BOWING OUT Kevin O'Leary's departure from the Conservative leadership race makes the job Maxime Bernier's to lose, writes Chantal Hébert. THE CANADIAN PRESS

for the job of would-be prime minister.

From the moment he entered the campaign, O'Leary consistently exhibited little understanding of the workings of government, the Constitution or for that matter the history of the party he was seeking to lead.

Joe Clark once described his vision of the Canadian federation as a community of communities. It is one of the rare parts of the former Tory prime minister's legacy that has survived his estrangement from the Conservative move-

By contrast, O'Leary's concept of federalism was one that involved a punitive federal government imposing its will on its provincial partners approach.

O'Leary was never elected to office and he never seemed to think much of those who had done so, including his future Conservative seatmates.

He let it be known early on that he was unimpressed by the calibre of the people who sit in the Conservative caucus. The feeling was by all accounts mutual. The anybody-but-O'Leary movement was nowhere stronger than within the ranks of the MPs who would have had to serve under his leadership if he had won.

O'Leary's abrupt exit may have saddened more Liberals than actual Conservatives. Many of the latter are relieved that their party has dodged a bullet. In more than a few sion.

But O'Leary's roots in the party are not deep and nor are those of many of his recently recruited supporters. Absent an organization to prod them into mailing their ballots, some may not bother to vote. A lot of others will follow their own guidance. One or more of his remaining rivals could still give Bernier a run for his money.

Still, there is no denying that as of now Harper's succession could be Bernier's to lose. As opposed to O'Leary, he does have a Quebec ace of sorts up his sleeve.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

Pope Francis fails to bring the thunder in TED Talk



Vicky Mochama Metro

Now that everyone is a thought leader, even the Pope is getting in on the inspirational slide-show business.

This week he gave a prerecorded talk at the annual TED Conference in Vancouver.

It's a shrewd move for the Pope to join the thinkfluencer crowd. Last week, Metro reported that more and more religious groups are getting into the digital game, from a church that live-streams its services to an American imam who is popular on Snapchat.

Ex-Pope Benedict XVI joined Twitter in 2013, but the Vatican has since expanded their social-media outreach. Pope Francis joined Instagram last year, which he announced by tweeting, "I am beginning a new journey, on Instagram, to walk with you along the path of mercy and the tenderness of God." It's mostly inspirational quotes and sunsets, but sure, same difference.

Speaking as someone who once took a nap after the arduous journey of picking an Instagram filter, I'm a little embarrassed that Pope Francis is better at this than I am. I still think, however, that he could do more.

If he really wants to reach out to diverse audiences, how about a mix tape? I can see it already: Pope Franci\$ presents "What A Time To Be A Believer" with tracks like Big Rings (For Kissing) and a freestyle Latin Mass. While he has already released a progressive rock album (yes, really), I think he could get more mileage from a collab with DJ Khaled.

Because, let's be honest: the Pope's TED Talk was underwhelming.

TED Talks are all about show-stopper moments — cool science or key data points or emotional life stories — and this is the man who has an advantage over everyone. Instead of being a senior researcher who is trying to talk about visually resonant statistics and make people cry, the Pope has GOD.

The God I remember from vacation bible school — I had a thrilling childhood — doesn't do anything less than a full Las Vegas show.

And in the 18-minute-long speech, not once does he call upon the greatest magician's assistant one could have. He just chills behind a desk and asks us all to be better people. To whom do I have to pray in order to get a talking burning bush?

For example, in his TED Talk, he spoke directly to powerful people: "The more powerful you are, the more your actions will have an impact on people, the more you are called to be humble. If you don't, your power will ruin you, and you will ruin others."

It's all good and well to tell people about humility but, in my humble opinion (See, I learned), a thunderbolt would have ensured that the message struck the audience.



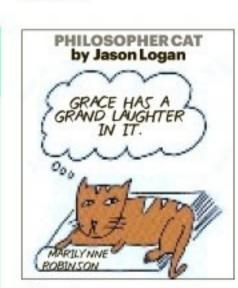
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MELE ENTRE



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Nordstrom feels social media sting over \$425 muddy jeans

Rainbows help deal with loss

SOCIAL MEDIA

Photos prompt discussion of miscarriages, stillbirth

In the photo, Zoe is sleeping, like newborn babies do.

It looks like any other baby photo, but there's a special message. The newborn is draped in a multicolour blanket, to signify this is a "rainbow baby" — one that followed the storm of a miscarriage, stillbirth or infant death.

"She's such a bright spot in the middle of the grey clouds," said Zoe's mom, Olympia Grigg.

"Rainbow baby" is a new way of talking about an old phenomenon countless women have experienced: pregnancy after loss. Though there's still little public discussion of miscarriage and stillbirth, experts say sharing rainbow baby images, especially on social media, may help parents cope with complex emotions many encounter when a new pregnancy follows a past heartbreak.

After 22 weeks of pregnancy with her third child, a son already named Jacob, Grigg went into early labour. At a normal checkup in June 2015, Jacob had a heartbeat. Several hours later he did not. Jacob was stillborn.

After she delivered Jacob, she

and her husband left the hospital empty-handed, through a busy maternity ward where other families were celebrating.

"It was the worst walk I've ever taken," Grigg said. "I don't think anything that traumatic ever leaves you."

At nearly five months along, Grigg had been showing and everyone in her life knew she was pregnant. She had to explain to her two young sons there was no longer a baby in her belly.

The Grade 2/3 teacher became pregnant again in April 2016 but instead of just feeling elation, she held her breath. It was only when Zoe was born healthy could she exhale, said Grigg, 35. She asked her friend Joelle Mahepath, a newborn photographer, to take a few rainbow photos.

The image now hangs prominently on a living room wall. She likes talking about Jacob, though secrecy and silence still surrounds pregnancy loss, Grigg said.

"I remember thinking, 'I don't know anyone this has happened to,' " she said. When she posted her sad news on Facebook, she received private messages from friends who had also miscarried but never discussed it.

Maternal mental health expert Dr. Simone Vigod, psychiatrist lead of the reproductive life stages program at Women's College Hospital, said labeling a "rainbow baby" can be a way to make a loss a more visible one. "If it helps people get the support they need, to feel validated, or helps articulate their feelings," that may help with coping."

Miscarriage is often treated as a routine occurrence and some women feel they can't talk about it or openly grieve, said Dr. Gail Robinson, professor of psychiatry and obstetrics/gynecology at the University of Toronto and director of the women's mental health program for the University Health Network.

Conventional wisdom dictates not divulging a pregnancy until after 12 weeks, so family and friends may not know a baby was expected at all.

"It's often difficult to get sympathy," Robinson said. With pregnancy after a loss, complicated emotions may be running high: grief, anxiety about getting pregnant again, fears of losing another baby, happiness, relief, guilt.

The term "rainbow baby" hints at the mix.
TORSTAR NEWS SERVICE

1 in 5

According to the Society of Obstetricians and Gynaecologists of Canada, miscarriage occurs in up to one in five pregnancies. Stillbirths are rarer, at less than one per cent of live births.







Some parents drape newborns in multicolour blankets or clothing to signify this is a "rainbow baby" — one that followed the storm of a miscarriage, stillbirth or infant death. CONTRIBUTED

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metr@LIFE | Movies Thursday, April 27, 2017 | 17







The late Jonathan Demme was best known for his directing of Philadelphia (left), the concert film Stop Making Sense (centre) and the Oscar-winning Silence of the Lambs. CONTRIBUTED

In memory of Jonathan Demme

OBITUARY

Oscar-winning director of Silence of the Lambs was 73

Jonathan Demme, the eclectic, ever-enthusiastic filmmaker behind the Oscar winners The Silence of the Lambs and Philadelphia, and the director of one of the most seminal concert films ever made, the Talking Heads' Stop Making Sense, has died. He was 73.

Demme's publicist, Annalee Paulo, said Demme died Wednesday morning in his New York apartment, surrounded by his wife, Joanna, and three children. Demme died from complications from esophageal cancer, she said.

Demme broke into moviemaking under the B-movie master Roger Corman in the early 1970s. The Silence of the Lambs, the 1991 thriller starring Anthony Hopkins as Hannibal Lecter and Jodie Foster as an FBI analyst, brought him a new level of fame. The film earned him a directing Oscar, as well as best picture. Hopkins and Foster also earned best acting trophies for their roles.

The Silence of the Lambs, however, was an outlier in his filmography, which was scattered across comedy, drama and music. His screwball comedy Something Wild starred Jeff Bridges and Melanie Griffith. Philadelphia, with Tom Hanks and Denzel Washington, was one of the first major Hollywood films to confront the AIDS crisis.

Demme last year released his latest concert film, Justin Timberlake and the Tennessee Kids, on Netflix. Timberlake, a



Jonathan Demme. AP FILE

passionate fan of Stop Making Sense, sought out Demme to direct it.

"I've come to believe, and I kind of felt this when we did Stop Making Sense, that shooting live music is kind of like the purest form of filmmaking," Demme told The Associated Press. "There's no script to worry about. It's not a documentary, so you don't have to wonder where this story is going and what we can use. It's just: Here come the musicians. Here come the dancers. The curtain goes up. They have at it and we get to respond in the best way possible to what they're doing up there."

Demme made numerous films with Neil Young as well as a documentary of Spalding Grey's monologues and a film with the singer-songwriter Robin Hitchcock.

Demme most recently directed an episode of the Fox police drama Shots Fired, scheduled to air Thursday. Demme also completed a film for the Rock and Roll Hall of Fame, to debut July 1.

THE ASSOCIATED PRESS





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Thursday, April 27, 2017 Enterta inment | **metr**@LIFE

Inspired by her own ancient ancestry and recent findings, Claire Cameron has been captured by the Neanderthal story. She's even started to feel empathetic. CONTRIBUTED

Our Neanderthal roots say so much about us

LAST

MEANDER THAL A

Toronto author in new approach to extinct species

Sue Carter For Metro Canada

When Toronto author Claire Cameron took a DNA test designed to identify a person's ancient ancestry, she discovered that she is 2.5 per cent Neanderthal. The Toronto author was a little disappointed, as she had hoped for 4 per cent, the highest average trace of the DNA generally found in humans.

Although the last Neanderthals walked the Earth 40,000 years ago, the common belief for the past 150 years was that Homo sapiens killed off our hunched, hairy cousins, and there was certainly no comingling or sex involved. That is,

until 2010, when a group of microbiologists led a project to sequence the Neanderthal genome, and discovered that indeed, the two groups had interbred.

Cameron was shocked when she read there was actual proof. Although scientists refused to speculate about how these relationships

came to be, it fuelled the writer's imagination.

"It was frustrating because you could see there was this big juicy story there," she says. "How the two groups could make contact, and under what conditions would they make contact without killing each other on sight?" Cameron realized that answering her hypothetical question would require a great deal of study, and so she spent five years scouring textbooks and any other materials she could find.

Her new novel, The Last Neanderthal, follows two narratives, set 40,000 years apart. There's Girl, the eldest daughter

in a small matriarchal group led by Big Mother. A skilled hunter with a nurturing instinct, Girl's life is focused on survival for her family.

The second narrative follows pregnant archaeologist Rosamund Gale,

who is leading an excavation in France where she discovered Homo sapien and Neanderthal bones together within an intimate proximity. Rose, facing the physical deadline of pregnancy and pressures from her museum employers, becomes obsessed with finishing the dig before giving birth.

"I'm using the modern story to comment on how we have definitely made advances, but we've also put women who are trying to survive and feed themselves by making money in a difficult position," says the self-declared feminist. "When you contrast that to ancient times, you can

see that this is a choice, rather than something that's inevitable because of our biology."

Initially, Cameron was reluctant to pursue the contemporary storyline, but as she got deeper into her third draft trying to nail the voice of Girl, Rose's character kept popping back in. And that's when Cameron uncovered a personal connection between Girl, Rose and her own life: the birth of her second son, which she recalls as traumatic.

"I experienced something as primal and raw as it was 40,000 years ago," Cameron says. "We like to tell this story about ourselves that we've gone from primitive to perfect, and we're in this current great state. But there's no better reminder than childbirth that we have small pelvises and large heads. It is not a great setup."

Connecting the pregnancies of Girl and Rose gave Cameron much more empathy for her Neanderthal character, an emotion that has been lacking in pop-culture versions of our early



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JOHANNA SCHNELLER WHAT I'M WATCHING

Dear White People is a study in nuance

THE SHOW: Dear White People, S1, E4 THE MOMENT: The intersection

As freshmen at their posh, mostly white university, Samantha (Logan Browning) and Coco (Antoinette Robertson) bonded over jokes: what they'd like to say to white people. Then Sam joined the Black Students Union, while Coco pledged a sorority. That tension explodes after Sam (who is biracial) accuses Coco of "overdrawing your bank account for that weave."

"You're the girl who didn't learn she was black until Beth Wheeler left you out of her second-grade sleepover because you'd be 'the only one," Coco says. "But with me, there is no confusion. People take one look at my skin and assume I'm poor or uneducated or ratched. So yeah, I tone it down. Make myself more palatable. What's so wrong with that?"

"Everything," Sam says. "Dear White People, you made me hate myself as a kid, so now I hate you and that's my secret shame," Coco accuses Sam.

"Dear White People, if you



Logan Browning and Antoinette Robertson. CONTRIBUTED

wanted to demoralize us with your European beauty standards, mission accomplished," Sam counters.

The Internet haters who perceived this series as one long scolding could not be more wrong. It's a study of endless nuance.

Yes, it addresses white privilege because it addresses everything: how hue affects perception; the politics of interracial dating; how Asians and Hispanics are lumped into whatever argument is convenient.

The season revolves around a blackface party. Each episode zeroes in on one player's story and it's always more layered than you think. In a world desperate to label people, it's a reminder that individuals aren't quantifiable.

The show streams on Netflix.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

When a dream life is a healthy one

AWARENESS

Millennials lead charge in organ registrations, but is it enough?



Joe Callaghan Metro Canada

Just a nudge in the right direction. That's what Canadian organ donation advocates and experts are banking on as they highlight and ramp up the country's efforts to catch up with the world's leading nations.

This week marks the 20th anniversary of National Organ and Tissue Donation Awareness Week, and while the country has made major strides in that time, it still has some significant ground to make up on the likes of world leader Spain.

Nationally, less than one fifth of eligible Canadians are registered as organ donors; in Spain, the rate is over double that. However, Canada's lagging status doesn't reflect the mood nationally. Not even close.

Nicole Robitaille, a behavioural scientist and assistant professor at Queen's University, was part of a recent study into the area. At the outset, she too was taken aback by the disconnect between the country's feelings on organ donation and our actions.

"What's surprising in Canada is the low registration rates but the really large support rates nationally for organ donation," explains Robitaille. "The vast majority of Canadians support organ donation - around 95 per cent. But less than 20 per cent countrywide are registered."

While some provinces like Ontario, B.C. and Quebec are narrowing that gap, others like Saskatchewan and Nova Scotia have been slower to see success.

Millions of Canadians believe they're signed up when they're not. which is why the theme of the week 1 5 t o check.

Last year, Ontario had a 30 per cent

increase in the number of deceased organ donors and saved more lives in one year than ever before

"We have seen some sweeping changes - 31 per cent of the eligible population (are registered)," says Ronnie Gavsie, CEO of Trillium Gift of Life Network, the province's organ and tissue donation agency. "We yearn to see it at or over 50 per cent. The rate has almost doubled since 2008. That's a pretty spectacular projection. But that's Ontario - we're not at that level across the country."

Gavsie lauded the influence of millennials who are embracing organ donation quicker than their predecessors.

"From our own data, most of the people who are now registering in Ontario are making that choice in their 20s or 30s. That speaks to the fact that millennials are very open to the idea of organ donation," says Gavsie.

"They are ... committed to improving the world around them. But they are also great influencers. We hear from them, their families hear from them, they are quite demonstrative. They are informing and educating the rest of the public."

Robitaille's team's study, in conjunction with the University of Toronto's Rotman School of Management and the Ontario government's behavioural insights unit, proved how small nudges can make a big difference.

While online donor registration has been simplified, the process at the DMV, still the location where 85 per cent of donors sign up, hadn't been streamlined.

The research team introduced simpler forms, more advance time to weigh up the decision and behavioral nudges with questions like 'If you need a transplant would you have one?' They more than doubled result. CONTRIBUTED registration rates











TRIALS OF AN ORGAN RECIPIENT

Genna Buck Metro Canada



Maria-Jose Bouey had a unique way of getting conversation going about organ donation a topic she says is surrounded by too much misconception and stigma.

"I'd get in a cab and people would ask 'Do you want the receipt?' and I'd say 'No, but can I have a kidney?" Bouey, 29, said. "I would say it jokingly, sarcastically, but also trying to raise awareness, because immediately that conversation comes up."

Icky medical conversations are second nature to Bouey, who, since being born with multiple organ abnormalities, has endured more than 60 major operations, including ostomy surgery, spinal surgery and two kidney transplants. The first was in 2001, when her mother gave her a kidney. That organ "worked beautifully" for about 10 years, but eventually failed, leaving Bouey tethered to an "emotionally and physically draining" dialysis machine for several hours three days a week.

Luckily, her cousin Mauricio Bouey, then in his mid-30s, stepped up to offer his kidney. The match wasn't ideal. Yet the transplant was able to go ahead in January 2013, thanks to the innovation of a living donor paired exchange. That's when loved ones who want to give a kidney, but aren't a match, donate an organ and swap with someone who is.

In this case it was a remarkably long chain of eight donors and eight recipients, which Bouey calls her "group of angels."

Bouey struggles to express her gratitude to Mauricio, her mother, and all the donors who participated. "It brings me to tears at any point when I talk about it," she said. "That selflessness is unexplainable."

Living dialysis-free has allowed her to work full-time, plan her upcoming trip to Iceland and serve as the president of a charity.

"I've been able to live a very full life ... a life that you only dream of living when you're ill," she said.

Maria-Jose Bouey, 29, says she can't thank her cousin and her mother enough for stepping up to donate organs. When the kidney she received from her mom failed after 10 years, Mauricio, then in his mid-30s, offered his own through a donor exchange. Bouey has been able to live "a very full life" as a



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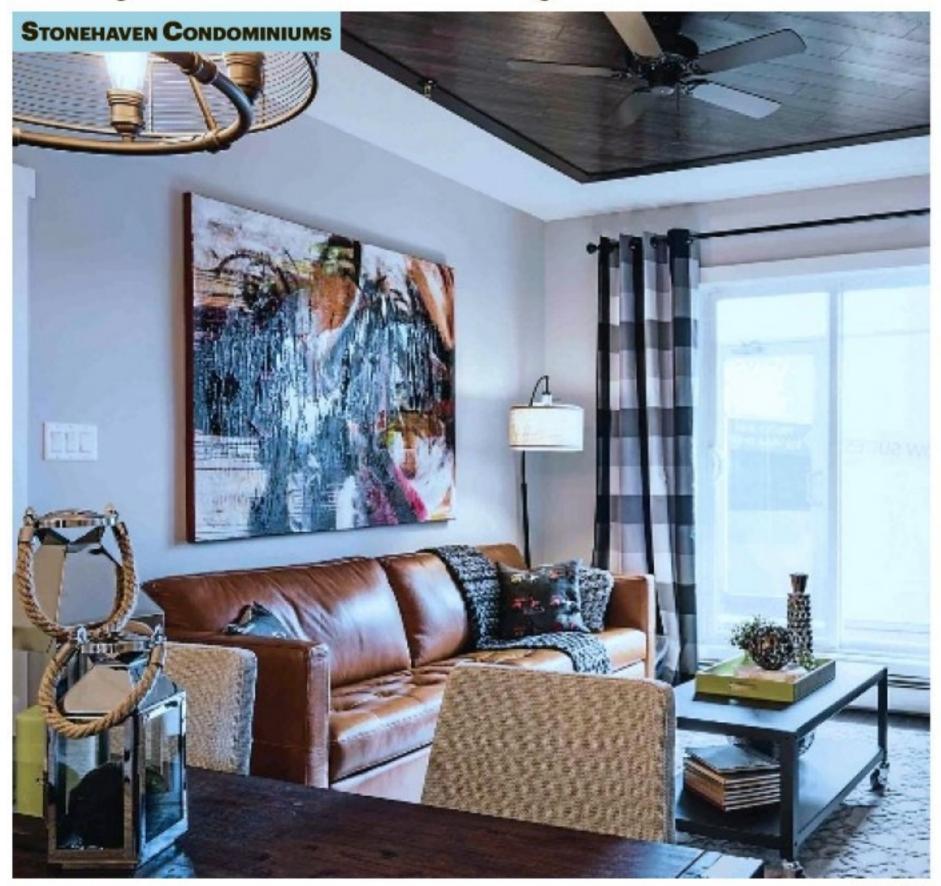
METHER MEDITE

Your essential daily news

Venice, Los Angeles compound where Californication was filmed sold for record-breaking \$14.6M

MEET THE CONDO

Buyers choose your own colour scheme



Project overview

Stonehaven in Southeast Edmonton has plenty to offer: affordable, maintenance-free living and modern, open concept suites in a well-established, amenities-rich area. Transportation, shopping, dining and services are all close at hand, as are schools, nature and recreational opportunities. Check out this thriving corner of Edmonton.

Location and transit

Tree-lined streets, all level of schools, walking trails and wetlands welcome area residents. There's transit right in the neighbourhood, with frequent service to Mill Woods Transit Centre. For drivers, it's just 20 minutes to downtown work or post-secondary school sites, and the same distance heading to Edmonton International Airport or points south on Highway 2.

Housing amenities

Residents have access to a central green space where they can meet neighbours or take a walk around the pond. Units feature balconies and in-suite laundry, plus gourmet kitchens with eating bars, energy-efficient appliances and designer faucets. Condo owners choose colours for laminate flooring, tile and carpet, backsplash and cabinets.

In the neighbourhood

Ponds with fountains and mature streets make Stonehaven a very walkable area. There's banking, dining, shopping and services along with recreational opportunities at the Mill Woods Recreation Centre and Pioneer Meadows Golf Course. It's a shopper's paradise in these parts too: South Edmonton Common and Southgate Centre are a close drive away.

NEED TO KNOW

What: Stonehaven Condominiums

Builder/developer: Landmark Homes

Location: Southeast Edmonton

Building: Phase 1 is a fourstorey building with one and two-bedroom apartmentstyle units

Models: One and two bed-

rooms with balconies Sizes: From 745 to 1,022

square feet

Pricing: Starting at \$180,000 Status: Selling Occupancy: Quick occu-

pancy is available

Sales centre: 812 Welsh Dr.

SW

Phone: (780) 701-3086 Website: landmarkgroup.ca





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Hopewell hosts weekend show home events

Hopewell Residential is Edmonton's stylish, affordable builder - and right now, they're offering brand new promotions, along with exciting weekend events.

With upcoming Hopewell House Parties, plus huge savings on homes, Hopewell is making it easier than ever to buy a brand new Hopewell home.

"We're offering big weekends of awesome events and amazing savings," says marketing manager Nicole McLaws. "This weekend, we're inviting Edmonton home buyers out to our beautiful Hawks Ridge show homes to enjoy family fun with food trucks, children's entertainers, prizes, giveaways, and the chance to save thousands on the most stylish, affordable and well-planned homes in Edmonton. In fact, right now we're matching other builders' promotions and offers, or we'll give you a promo that fits your needs."

Hopewell kicked-off the fun this past weekend at their McConachie and Vita show homes, and are ready for their

second House Party in the stunning community of Hawks Ridge this Saturday, April 29.

"We're opening the doors to our laned and front-attached garage show homes, plus we'll match other builders' offers or, you can choose from a free garage for laned homes, or \$20,000 towards upgrades for a front-attached garage home," McLaws

On May 6, Hopewell will conclude the House Party weekends at their Cavanagh laned and duplex show homes, which will also feature promotions and discounts, plus snacks, children's entertainment, giveaways, prizes and show home tours. "With family fun and amazing savings this is the perfect time to find your new Hopewell home," McLaws says. "But it's important to hurry in, because this is a limited time offer!"

Visit hopewellresidential.com for event details, promo information, show home hours and maps.



CONTRIBUTED



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Find details. maps and more at HopewellResidential.com



*Offer applies to pre-sale, single-family homes only (offer does not apply to condos or townhomes), within the Edmonton city limits only, and cannot be combined with any other promotion, discount or referral program. Prices and discounts vary by community and home model This offer expires at 8 pm on Monday, May 15, 2017. Some restrictions apply. See any Edmonton show home for details. E.S.O.E

Be prepared for builder mortgages

FINANCING

Building a home very different from buying one

Kristen Thompson

After owning two homes in two different provinces, we thought we were 'in the know' on the mortgage process. Then we found our dream property on an unfinished lot, listed the home we owned for sale, and quickly learned that the mortgage we needed to build a house was very different than the mortgage we needed to buy one.

"With the real estate market being so hot, more and more people are considering ... building new homes as an alternative to jumping into the market," says Rob Regan-Pollock, president of the Mortgage Brokers Institute of B.C. and an educator for the Canadian Mortgage Brokers Association.

"As ideal as this idea sounds to intrepid do-it-yourselfers, there are important considerations when it comes to financing the building of your dream home."

The first thing to understand is that builder mortgages come with more stringent lender qualifications, because lenders face additional risks including a longer time horizon during the build (where market values can fall),



Kristen Thompson and family found their dream property on an unfinished lot in Kelowna, B.C., and built a home. CONTRIBUTED

general liability, cost overruns, and that the lender only has a partially completed home as collateral security.

Down payment: The fundamental difference between a standard and a builder mortgage is the down payment.

"Builder mortgages are advanced in stages throughout the building process," says Regan-Pollock, adding that they typically require a minimum of 35 per cent down on the value

of the lot. "This means ... 35 per cent of the land and building costs need to be set aside as down payment, rather than the minimum 5 per cent down for purchases of existing homes valued under \$1 million."

Lenders also want to ensure that you have sufficient funds to get your build to 'lock-up', which is when the roof, doors and windows are installed.

What if I have an existing mortgage?: The ability to port a mortgage into a build depends entirely on whether your current lender offers builder mortgages, says Regan-Pollock.

"Most deposit-taking lenders, such as chartered banks, offer builder mortgages. In such cases, it's possible that your existing mortgage can be rolled into a separate tier under a builder mortgage program. If a build is planned, it's important to mention this at time of purchase, as penalties will apply to break your mortgage if you cannot port it into a builder mortgage."

Penalties, which include having to pay three months interest on an outstanding balance, occur on closed mortgage contracts, adds Regan-Pollock.

It may also be possible to refinance your current home to access a down payment, and concurrently qualify for a new builder mortgage, but this depends on your resources and location.

"In this case we suggest a builder mortgage be arranged,

and when the build is nearing completion, the old home is sold, and the mortgage be ported to the new home to save penalties."

What are the terms of a builder's mortgage?: The terms of builder's mortgages vary depending on the lender, says Regan-Pollock.

"What is common to all lenders is the rate of interest during construction is almost always based on Prime plus basis, depending on risk," he says. "Risk premiums vary between a 1 per cent to 3 per cent added to Prime."

During the construction process, applicants' minimum payments will be the interest.

Final words of advice: "Retain a good mortgage broker familiar with the nuances of builder mortgages," says Regan-Pollock. "Most acquisition and builds can take anywhere from one to two years, so having the right team who can assist at the relational versus transactional level is key."

A good mortgage broker could have helped lead our family down that road, explaining the different options available for moving from one type of mortgage to another.

Though, now complete, my husband likes to tell people this is our forever home, if it doesn't pan out to be, at least we know how to move forward if we ever want to build again, and maybe next time we'll hire a broker.

The long and short of it: a look at long-term vs. short-term mortgages

Interest rates have nowhere to go but up. No doubt you've heard that line if you've bought a home or had to renew your mortgage at some point in the past decade.

Most homeowners in Canada prefer fixed-rate terms for predictability and peace of mind, with five-year terms being the most popular.

For those looking for greater protection against (eventual) rising interest rates, a longer term may be worth a look. A 10-year fixed rate mortgage today can be had for as low as 3.69 per cent.

Another reason to consider a longer mortgage term: a safeguard against the possibility of a housing crash. What happens if prices fall 20 per cent or more in the next few years, wiping away your home equity before it's time to renew?

A 10-year term, while more expensive than a shorter term, does offer a double-dose of protection in case prices fall or interest rates rise substantially.

Certified financial planner Ed Rempel doesn't buy the safety argument, saying that the risk of rising interest rates is "hugely exaggerated" in the media and by the mortgage

"Long mortgage terms are marketed as 'insurance' to protect against a possible rise in interest rates. But most people are not good at math and don't take into account the extremely low odds of a large rise, plus the huge cost of the insurance," says Rempel.

A five-year fixed rate mortgage costs around 2.64 per cent today, while a two-year fixed comes in at 2.29 per cent. Rempel says the difference doesn't sound like much, but on a \$300,000 mortgage this 0.35 per cent premium costs \$2,100 after tax for the first two years.

"This is expensive insurance to protect against a highly unlikely event," he says.

If long-term mortgages offer peace of mind (for a premium), a short-term mortgage such as a one-or-two-year term — gives homeowners the opportunity to save money in exchange for a bit of uncertainty when it comes to future interest rates.

With a one-year term, for example, homeowners get more flexibility because they can renew their mortgage in 12 months instead of in three to five years. At that time they can renew into another oneyear term, lock-in to a longer-term fixed term, or take a variable rate at presumably a better discount than today.

Those who opt for a oneyear fixed rate can also lock-in their renewal rate in just six to nine months - they don't have to wait a full year.

So why don't more homeowners choose a one-year term? According to data from Mortgage Professionals Canada, just one in 16 borrowers take a one-year fixed rate mortgage.

Rempel says that's because people don't want the headache of renegotiating every 12 months. But it could be a mistake to give up that negotiating power, he suggests.

"From a financial planning perspective, I find that most people can benefit from some type of refinancing every two years," he says. ROBBENGEN



Despite its popularity, the five-year fixed rate could be the least advantageous term for borrowers. Those looking to save the most money year-over-year may consider a short term of one-or-two years, while homeowners looking for maximum peace of mind could find comfort in a 10-year mortgage term.



Most homeowners in Canada prefer fixed-rate terms for predictability and peace of mind. ISTOCK





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You're richer than you think:



Stress test your mortgage

FINANCIAL FITNESS

Know how rate changes could impact your budget and overall lifestyle

Camilla Cornell

Last summer, with a baby on the way, Andrew Thompson and Marie-Andrée Furlong of Victoria, B.C., began looking for a home. "We were in an 18-and-over condo building," says Thompson. "And although I know that's kind of unenforceable, I didn't want to be in a legal battle with my neighbours."

But neither did the couple want to bite off more than they could chew. They were determined to put at least 20 per cent down on their mortgage so they could pay it down over 30 years, if necessary, and avoid the CMHC (Canadian Mortgage Housing Corp.) insurance fees for a highratio mortgage.

"The plan is to pay it down as aggressively as possible," says Thompson. "But we'd like to have a life and raise our kid on something other than cat food," Thompson says. "And you never know what will happen in future."

The upshot: instead of buying in central Victoria, the couple

chose a property just outside the city in Saanich "where the market wasn't quite so hot." Their son Arlo (born a month ago) will have a backyard and even a tree house. And, even if interest rates go up, or one of them experiences a job change, Thompson and Furlong will have payments they know they can afford.

It's a wise approach, says Wade Stayzer, vice-president sales and service with Meridian Credit Union in St. Catharine's, Ont. Under new rules introduced last fall, new homebuyers, who are required to get CMHC insurance, must stress test their mortgages - essentially qualifying at an interest rate about 2 per cent higher than what is available on the market. The rules are intended to ensure that if mortgage rates rise, homeowners won't be forced to default.

But although the rules only apply to high-ratio mortgages (when you have less than a 20



You don't want to be so house poor you can't furnish your house and you can't do anything else but stay home

Wade Stayzer, Meridian Credit Union

per cent down payment), Stayzer says stress testing your mortgage is a wise tactic for pretty much any homebuyer. He suggests using Meridian's online mortgage calculator to test "how your mortgage would react to a 1 or 2 per cent change in interest rates and what impact that would have on your lifestyle and your financial fitness."

Regardless of how much a lender is willing to loan, says Stayzer, you should have a firm grasp on your budget and what you can really afford. "On top of your mortgage payment, there are a whole lot of other expenses associated with home ownership, from closing costs to property taxes, landscaping and maintenance costs," he says. "You don't want to be so house poor you can't furnish your house and you can't do anything else but stay home."

You should also have access to either emergency funds or a line-of-credit in case there's a change in your income. "Ask yourself questions like: 'If I'm on mat leave for a year on a reduced income, what impact does that have?" Stayzer suggests.

Finally, protect your asset with mortgage insurance or cheapterm life insurance. "The last thing you want your family to have to deal with if you're no longer on this earth is where they're going to live," says Stayzer. "Even if you're young, you never know what will happen tomorrow."



Andrew Thompson and Marie-Andrée Furlong of Victoria, B.C., moved from a Victoria condo to a property just outside of the city to provide a house with a backyard for their newborn son, Arlo. CONTRIBUTED

Homebuyers increasingly choose to fly solo



With more and more Canadians choosing to buy houses on their own, experts advise potential buyers to establish how much they can afford in advance, and consider renting out a room or basement to help pay down the mortgage more quickly. ISTOCK

When Liz Falconer, 48, first took on solo home ownership back in 1997, she admits she was "terrified". Her marriage had just ended and she had a young son to provide for. "The mama bear in me kicked in," she says. "We needed a safe home." So she bought her husband out of their Toronto

She has never regretted the decision. In fact, just two years later, she took on another mortgage this time for a cottage property in Thornbury, Ont. for personal use and to let — just before quitting her job and launching her own ad agency. Her thinking: "Better to get a mortgage now while I have a job, because I won't get one once I'm self-employed."

That led to a spate of homebuying which saw Falconer own and rent out an additional four properties at one point. "It may seem like twisted logic," she says. "But in some ways, you have to take more chances when you're single. You have to find ways to replace that other income."

Falconer is among a growing

cohort of Canadians opting to fly solo when it comes to home ownership. A new TD survey found single homeowners represent nearly a quarter of Canadians buying or intending to buy a home.

"Often the decision is driven by unexpected life circumstances," says Marc Kulak, associate vice president of real estate secured lending at TD Canada Trust. Nearly seven in 10 divorced homeowners and a third of those widowed, said they'd be likely to purchase a home on their own. And two-thirds of single Canadians said they'd buy a house solo. "Sometimes people don't meet their life partner and settle down until later in life, but they don't want to delay getting into the market while waiting for a partner," says Kulak.

And, he points out; buying a home on your own doesn't necessarily mean living alone. When Kulak bought his first home in East Gwillimbury, Ont., 12 years ago, he was single, but he took on a roommate. "Having that

rental income can really help you pay down the mortgage more quickly," he says. "But I think it's important that - when qualifying for a home — you can carry the mortgage without the rental income. That gives you the flexibility to decide (if) a roommate or tenant is not for you."

Before getting caught up in a house search, Kulak advises seeking solid financial advice to figure out how much you can really afford. TD's mortgage affordability calculator takes into account the myriad costs many new homeowners forget about, from property taxes to home insurance and ongoing maintenance.

It's also a good idea to enlist a "home-buying buddy" to "provide that objective voice as you visit properties, negotiate and close on a new home," says Kulak. His parents fulfilled that role for him.

Finally, it's crucial to safeguard what is probably your biggest asset. That means getting homeowner's insurance that will protect you under various circumstances. CAMILLA CORNELL

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'I WANT TO GIVE BACK IN A MEANINGFUL WAY'

As a charity that values every dollar donated, the University Hospital Foundation understands the need to be a good steward of much-appreciated funds.

That's where volunteers come in. The Foundation relies on volunteers — from the 2000 volunteers who make Festival of Trees, its lead fundraising event, such a success each year; to the Board of Trustees, to individuals who volunteer their time and expertise.

One volunteer that is making a difference is Gloria Zhao, a fourth year University of Alberta student that has become so invaluable, she's been brought on board on a weekly basis.

Originally hired through the University of Alberta's Co-op program, Human Resources Management student Zhao's work in the Foundation's HR department has helped advance projects that need to get done. Gloria enjoyed this time so much, after completing her Co-op term, she volunteered to continue on. Case in point: Gloria played a key role in

revising the UHF's employee handbook last summer.

"Gloria is a passionate volunteer. She dives right in, always willing to go the extra mile and a half," says Nicole Merrifield, the Foundation's Director of Communications and Special Projects. "It's a huge help on projects that must get done but can be hard to work into time we spend on our initiatives. Volunteers like Gloria make us a more efficient charity."

As part of the Foundation's day-to-day operations, Zhao is now using her once-weekly volunteer sessions to help with other HR projects including policy work, and more.

"I've volunteered with festivals and the art gallery, but seeing how people are helped by the Foundation makes this special," says 21 year-old Zhao, pointing to efforts supported by the UHF, such as the purchase of advanced technology and recent ground-breaking work in brain treatments. "I'm an empathetic person, and since I'm studying in the HR field, it's good experience too. Plus, I love working



University Hospital Foundation volunteer Gloria Zhao. CONTRIBUTED

with this team."

Zhao's unique position in HR has also led the Foundation to expand how it uses its volunteers.

Plans are in place to hire a volunteer

coordinator with the aim of recruiting more volunteers like Zhao to help with other areas of the Foundation.

"This is a good fit for me," she says. "I want to give back in a meaningful way."

University Hospital Foundation



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thank you!

We would not be who we are without our volunteers.

From the leadership of our Board of Trustees, to the 2,000 volunteers who bring the Festival of Trees to life each year, to the volunteers who make our community events successful – our volunteers play a pivotal role on our team.

On behalf of the University Hospital Foundation staff, and the patients whose lives are changed and saved at our hospital every day – thank you!

Learn more visit

www.GivetoUHF.ca/volunteer



T.J. Oshie had three goals and seven assists in four games against the Caps' second-round opponent Penguins this season

Rivals set for battle with familiar lineups

WASHINGTON-PITTSBURGH

Regular-season champ Capitals host Game 1 on Thursday night

The Washington Capitals and Pittsburgh Penguins arrive at their latest showdown looking very much like they did a year ago. It's the little things that might matter most this time around.

The Capitals added centre Lars Eller and defenceman Kevin Shattenkirk as a direct response to losing their second-round series last season, hoping the depth will help against the defending Stanley Cup champions.

The Penguins have a different goaltender with Marc-Andre Fleury replacing injured Matt Murray and are without injured defenceman Kris Letang.

Aside from those changes and a few other tweaks, the teams that take the ice Thursday night for Game 1 in Washington are strikingly similar to those who played for six games last spring.

"This is a unique situation - both teams have a lot of guys back," Penguins centre Matt Cullen said.

"It's not often with the salary cap and everything that you bring a similar team back. It makes for an interesting matchup."

The stars are again aligned for Alex Ovechkin, Nicklas Backstrom, Braden Holtby and the Capitals to face off against Sidney Crosby, Evgeni Malkin, Phil Kessel and the Penguins. Familiarity should breed quick



Sidney Crosby has seven points in five playoff games this spring, third on the Penguins behind Phil Kessel (eight) and Evgeni Malkin (11). ROB CARR/GETTY IMAGES

contempt, but Washington's changes are what players think will flip the script.

"I feel better about our team going into it this year than I did last year, that's for sure,"

Capitals defenceman John Carlson said. "We can attack I feel better about from different ways, and we can find ways to score throughout the lineup. I just think a

lot of guys are playing better than they did last year."

That's a shout out to secondline centre Evgeny Kuznetsov, who struggled after March last year but played an essential

part of the first-round series this season against the Toronto Maple Leafs by defending Auston Matthews. Defencemen Dmitry Orlov and Nate Schmidt

are also much improved after being scratched during the 2016 playoffs.

The Penguins are rollour team going into ing again after eliminating Columbus, but the absence of Caps blue-liner John Carlson Letang is significant after

he logged 31:36 of ice time per game last year.

"Obviously they lost key player, Letang," Ovechkin said. "It's good for us, bad for them ... (but) it doesn't matter who's in the lineup. We just have to pressure them, and we don't have to give them any chances to get success."

Pittsburgh exposed Washington's lack of speed a year ago and has the potential to do so again even if winger Carl Hagelin isn't ready to start the series. The Maple Leafs' up-tempo style challenged the Capitals, something coach Barry Trotz called "a good warmup" for the Penguins, but it remains to be seen how his team will play faster this time.

Who's better off after a year of no change? Watch and find

"I think I guess the series will show that more than anything," Crosby said. THE ASSOCIATED PRESS

McLellan among Jack Adams finalists

Edmonton's Todd McLellan, Toronto's Mike Babcock and Columbus' John Tortorella are the finalists for the Jack Adams Award as the NHL coach of the year.

Members of the NHL Broadcasters' Association voted at the end of the regular season, with the top three designated finalists Wednesday. The winner will be announced June 21 at the NHL Awards in Las Vegas.

McLellan guided Edmonton to its first playoff berth since 2005-06 after the team just missed out



Todd McLellan JASON FRANSON/THE CANADIAN PRESS

on winning the Pacific Division with a record of 47-26-9. It was coach's second season with the Oilers. THE ASSOCIATED PRESS



ST. LOUIS-NASHVILLE GAME ON IN THE SECOND ROUND Blues goalie Jake Allen makes a save in front of the Predators' Colin Wilson during Game 1 of their series in St. Louis on Wednesday night. For the story, go to metronews.ca. JEFF ROBERSON/THE ASSOCIATED PRESS

IN BRIEF

Stars' Seguin has shoulder operated on

Dallas Stars forward Tyler Seguin has had surgery to repair the labrum in his right shoulder and should be ready for training camp in September.

The team said Seguin, 25, had the procedure Tuesday and was expected to make a full recovery in four months. THE ASSOCIATED PRESS

Cassidy stays on with Bruins as permanent coach

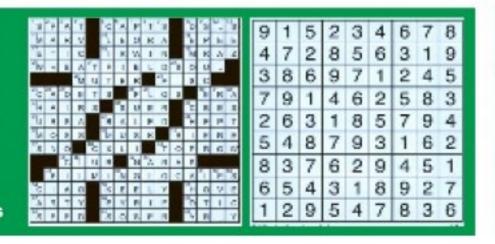
The Boston Bruins are bringing Bruce Cassidy back next season, dropping the interim tag from his title as a reward for leading the team back to the playoffs for the first time in three seasons.

Cassidy replaced Claude Julien on Feb. 8 and had a regular-season record of 18-8-1. THE ASSOCIATED PRESS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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Spurs not giving up on title yet

PREMIER LEAGUE

Eriksen nets to beat Palace and keep Chelsea within reach

Tottenham trimmed Chelsea's lead to four points again by edging past Crystal Palace 1-0 on Wednesday, with Christian Eriksen clinching the north London team's eighth successive Premier League win.

Eriksen collected a pass from Harry Kane and unleashed a dipping shot from around 25 yards in the 78th minute into the bottom corner of the net.

Tottenham's bid for a first title since 1961 rests on Chelsea dropping points on the five-game final stretch. But the team's character in recovering from Saturday's FA Cup semifinal loss to Chelsea pleased manager Mauricio Pochettino.

"That was always going to



Christian Eriksen celebrates his winner. AFP/GETTY IMAGES

be difficult after Saturday, and it was a big challenge for us," Pochettino said. "I think it was a great opportunity to show we are focused on us and trying to improve our game, and to fight when we are under pressure."

Tottenham looked far from title contenders in the first half, with Christian Benteke and Andros Townsend close to giving Palace the lead.

Pochettino made a double

RESULTS

C. Palace O, Tottenham 1 Arsenal 1, Leicester O M'boro 1, Sunderland O

change at the break, replacing central midfielders Mousa Dembele and Victor Wanyama with Son Heung-min and Moussa Sissoko. Dele Alli should have put Spurs ahead when he met Kyle Walker's cross three yards out, only to side-foot his effort across goal and wide. But Eriksen clinched the three points.

Palace had won six of its previous eight games, including at Liverpool on Sunday to move seven points above the relegation zone.

Elsewhere, Arsenal kept their top 4 hopes alive with a narrow home win against champions Leicester while Sunderland lost to Middlesbrough in a relegation battle. THE ASSOCIATED PRESS



LA LIGA REAL AND BARCA STAY LEVEL AT TOP AFTER ROUTS

Lionel Messi, left, scores one of his two goals that helped Barcelona trounce Osasuna 7-1. Meanwhile, Cristiano Ronaldo was rested by title rivals Real Madrid in its 6-2 thrashing of Deportivo La Coruna on Wednesday. Barcelona and Madrid remain level on 78 points at league's summit keeping the title race wide open. However, Madrid have a game in hand. AFP/ GETTY IMAGES

IN BRIEF

Peterson joins the Saints

Adrian Peterson, the NFL's most productive running back for much of the past decade, has decided to head into the twilight of his career as a potential backup in New Orleans' pass-happy offence.

The Saints on Tuesday came to terms on a twoyear contract with Peterson, a 10-year veteran who has posted seven 1,000-yard seasons with Minnesota and once eclipsed 2,000 yards. THE ASSOCIATED PRESS

Wizards edge Hawks to take 3-2 series lead

Back at home, and back in charge, Bradley Beal scored 27 points, and John Wall added 20 points and 14 assists, leading the Washington Wizards to a 103-99 victory over the Atlanta Hawks on Wednesday night for a 3-2 lead in their first-round Eastern Conference playoff series.

Dennis Schroder led the Hawks with 29 points, making a career-high-tying five 3s, and 11 assists. THE ASSOCIATED PRESS

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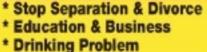


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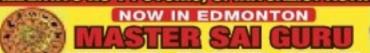
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Ceri Marsh & Laura Keogh For Metro Canada

If you love the sweet flavour roasting gives to vegetables then you'll put this recipe on repeat.

Ready in 35 minutes

Prep time: 15 minutes Cook time: 20 minutes Serves 4

Ingredients

- 500g penne
- 4 peppers (an assortment of red, yellow and orange)
- 2 shallots, sliced
- 1/4 cup olive oil, plus 1 Tbsp · salt
- 1 large clove garlic
- pat of butter
- 1/2 cup shredded Asiago cheese
- big handful of fresh basil leaves, chopped

Directions

1. Preheat oven to 400 and

prepare a baking sheet with non-stick spray.

- 2. Dice peppers into bite-sized pieces and slice shallots into strips. Toss with 1 Tbsp of olive oil and salt. Roast until tender and browned, about 15 to 20 minutes.
- 3. In a big pot of salted water, prepare pasta according to package directions. Before draining, reserve 1/4 cup of pasta water.
- 4. Place drained pasta back into the pot over no heat. Stir in reserved water, about 1/4 cup oil and pat of butter. Using a micro plane, grate garlic into pasta.
- 5. Stir in the roasted peppers and cheese. Stir in basil and then sprinkle the top with a bit more cheese, serve and enjoy.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

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YESTERDAY'S ANSWERS ON PAGE 27

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ACROSS 1. Allied group 5. Curve 9. 1931: The Good Earth novelist, Pearl _. _ 14. Prefix that means To the left' 15. Christian of 'Batman' movies Vaclav _ (Playwright who was the President of Czechoslovakia in the early 1990s) 17. Santana song: _ Ways" 18. Pet bat on "The Munsters' 19. Ms. Graff of "Mr. Belvedere" 20. "White Flag" songstress 21. Co-couples event for dinner and a movie: 2 wds. 23. Use a debit card 25. Arctic knife 26. Fancily-uniformed cavalryman of 15thcentury Hungary 29. Sports: Wendel Clark was the first pick during it in '85: 2 wds. 34, Mr. Hawke 35. Sword fights 36. Scale's sixth sound 37. Currency in Oman 38. Lace-trimmed undergarments, for short 39. Chomp 40. Former

47. Pass on the information 49. In sports, hands 41. Sorts of freshare held in a T-shape water fish for one: 2 wds. 42. Army assistants 53. "On the Waterfront" 43. Depict (1954) actor, Lee J. _ 45. Canuck band, _ Fire 57. Pledges 46. "Shallow _" 58. Read, in Quebec

City

59. Ms. Falana

60. truck 61. Exclusively 62. One-of-some in a delivery bag, for short 63. _-level position 64. Belonging to the singer of "Halo",

to fans

65. Singer of "The Sweetest Taboo"

DOWN

1. Was cut, did this 2. _ Strauss & Co.

3. Roman love poet 4. Stupendous 5. Rules respecter

stars are bright...": 3 wds. 8. Music's Peach-

7. Bryan Adams tune

moon is out and the

that goes "And the

6. Really criti-

cize: 2 wds.

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denly Susan" 10. Town in southern Manitoba named after one of Norse deity Odin's sons 11. Iris's place 12. Rapper 50 13. Emily Carr book, _ Wyck 22. Quiet times 24. Criticize 26. Masada builder, the Great 27. Handy 28. Herring-like fishies 30. "Who does he think ___!?!" 31, Ms. Valli of "The Third Man" (1949) 32. Destined 33. This stuff 35. Coat, as with plaster 38. Red Hot _ Peppers 39. Two-wheelers 41. In an unrefined way 42. _ Vos Prec (T.S. Eliot poetry volume) 44. Gum enjoyer 45. Garbage can areas downtown 48. Late's opposite 49. Sticky Scotch stuff 50. Mr. Lendl of tennis 51. State bordering Sask. 52. Clump of food 54. Eugene O'Neill's daughter 55. Norma's has a

li'l 'Sunset'

56. Foundation

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

(2001)

Aries March 21 - April 20 This month is an excellent time for you to buy wardrobe items for yourself. It's also a wonderful time to schmooze with others,

Taurus April 21 - May 21 You might want to cocoon at home more than usual or hide somewhere during the coming month, because solitude in beautiful surroundings will appeal to you. Enjoy the good life.

Gemini May 22 - June 21 During the month ahead, you will be more involved with younger people and creative, artistic types than usual. Share your goals and dreams with someone.

Cancer June 22 - July 23 Relationships with bosses, parents and authority figures will be particularly warm and supportive for the next month. Some of you might strike up a romance with a boss.

Leo July 24 - Aug. 23 Travel for pleasure will appeal to you in the next month. Do something to get a change of scenery, because your appreciation of beauty will be heightened.

Virgo Aug. 24 - Sept. 23 Throughout the next month, gifts, goodies and favors from others will come your way. Lucky you! Keep your pockets open.

Libra Sept. 24 - Oct. 23 Relationships with partners and close friends will improve in the next month. This also is a good time to mend broken fences.

Scorpio Oct. 24 - Nov. 22 Many of you will make your workspace more attractive during the next month. Some of you will get praise, and a few will get a raise!

Sagittarius Nov. 23 - Dec. 21 Romance, vacations, playful times with children, sporting events and the arts will be wonderful sources of fun for you in the next month. Make plans to enjoy yourself!

Capricorn Dec. 22 - Jan. 20 Go forward with redecorating plans for where you live during the next month. You also will enjoy entertaining at home.

Aguarius Jan. 21 - Feb. 19 You will notice more beauty in your daily world throughout the next month. You also will discover how much love there is in your everyday world.

H Pisces

Feb. 20 - March 20 Financial matters will bless you in the coming month. (You might boost your income in some way.) Many of you also will shop for beautiful things for yourselves and loved ones.

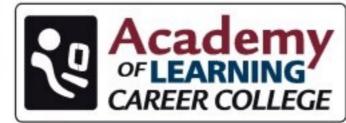
CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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